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- Alopecia areata can be classified into three categories based on severity^{6,7}: patchy hair loss, complete loss of hair on the scalp (alopecia areata totalis), and loss of all hair on the body (alopeica areata universalis).
- Patients may have one or more patches of hair loss (about the size of a coin, round or oval), or even experience complete hair loss.⁷
- In severe cases, eyelashes and eyebrows may also fall out.^{7,8}



Currently available treatments for alopecia areata

Patients typically start seeing hair regrowth after three to six months of treatment, but results may vary by individual.⁹⁻¹¹



Oral JAK Inhibitors JAK inhibitors promote hair regrowth by inhibiting the signaling of inflammatory cytokines, and have been recommended in recent years by international guidelines as the first-line treatment option for severe alopecia areata. 11-13



Alopecia Areata Immunotherapy Certain immunotherapies for alopecia areata can stimulate the scalp, attracting immune cells to move towards hair follicles in the late stages of hair growth. This reduces the chances of immune cells attacking follicles during the active growth phase.¹⁴



Injectable or Topical Corticosteroids Corticosteroids are suitable for patients with multiple patches of hair loss. Topical corticosteroids are more effective in children, while injectable corticosteroids are typically used for adults.



Medicinal Hair Growth Solution or Foam It can improve blood circulation in the scalp, stimulating hair follicles and promoting hair growth. 15







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